

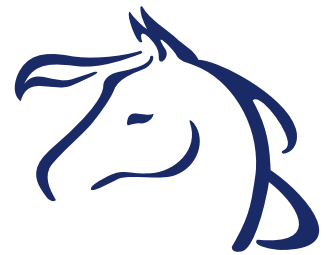


# WOIKOSKI HEVOSPALVELUKESKUS

*Woikoski Equestrian Centre*



# Woikoski Hevospalvelukeskus



*Woikoski Hevospalvelukeskus (Woikoski Equestrian Centre) operates on what used to be Mattila Farm. The farm has been owned by Woikoski Oy since the 1930s.*

Originally an experimental cultivation farm, Mattila Farm stood as an example of farms of its time. The farm was used to test various experimental cultivation methods, including the cultivation of sugar beet. The farm developed into a village hub with mills. Many villagers picked sugar beet as their first summer job.

Over time, the farm fell into disrepair, but a major renovation project began in 2006. The project began with the lakeside farm building, where the roof was in poor condition. Owner Clas Palmberg's then-girlfriend and now wife, Sari, suggested replacing the roof, and that marked the start of the extensive project. Against all of Clas' protests, Sari had brought her horses to the stable. Clas agreed on two conditions: the renovation shouldn't cost too much or take too long. Years later, the farm is now home



Picture: Markku Joutsen

to a successful equestrian centre. It encompasses two stables, a year-round indoor arena, and an equine rehabilitation centre. The resort offers accommodation services, two restaurants, a range of activities, and the Woikoski Car Museum.

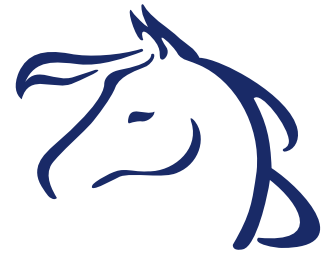
Sari's never-ending curiosity about equine wellbeing is behind the Equestrian Centre's operations. The point of departure for Sari was her own horses' wellbeing, and she wanted to offer the same for other people's horses, too.

## Woikoski Oy

- Woikoski Oy is a Finnish family-owned company specialising in the gas industry, particularly in the production of gases for the food, industrial, and hospital industries.
- The company is now run by its fourth generation and has remained in the Palmberg family since its establishment.
- In 2022 we celebrated 140 years of Woikoski.

# Our expert professionals

*rehabilitate sport horses*



*Woikoski Equestrian Centre is a leading service provider specialising in the rehabilitation of sport horses.*

We have some of the top rehabilitation settings in the industry with the best experts drawing up an individual treatment plan for your horse. We care for your horse from muzzle to tail, offering holistic equine care. We continuously develop our expertise together with industry experts while ensuring that we always have the latest and most effective methods at your disposal.

Equine rehabilitation is our area of specialist expertise, and our work is buoyed by our passion and love for horses. Your horse will be treated with genuine care at our Equestrian Centre. Our small, eight-stall treatment unit and expert staff guarantee individual and high-quality treatment for every horse.

Don't forget, you can even book in a completely healthy horse for treatment and rehabilitation to ensure that your horse continues to perform at the optimum level. Preventive treatment is the key to long-term health and wellbeing.



## **We offer outstanding and individualised wellbeing and rehabilitation services for your horse**

Suspensory ligament and tendon injuries

Muscle problems

Skin issues

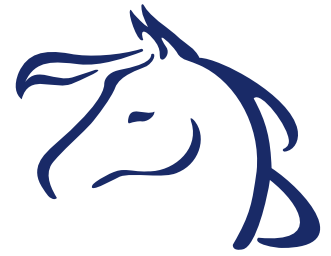
Equine massage

Post-procedure rehabilitation

Recovery periods for sport horses



# Water treadmill



The water treadmill is a safe form of rehabilitation for horses recovering from injury. Alternatively, utilising water resistance offers effective training for sport horses.

Aqua walking reduces strain on the joints, improves muscle tone and strength, straightness and suppleness, and promotes respiratory and cardiovascular activity. The stepless adjustment of speed, gradient and water depth can change the focus of the session depending on the horse's needs.



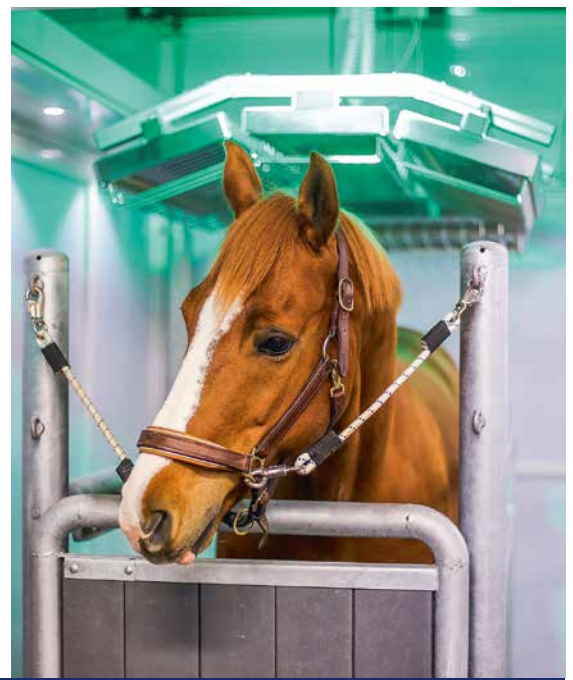
# StiRoom salt room

The StiRoom salt room is a natural treatment method that offers health benefits without any drawbacks. Use of the salt room reduces dependence on courses of medicine, such as antibiotics. It offers an entirely natural treatment method that also improves the horse's performance, oxygen uptake, and endurance.

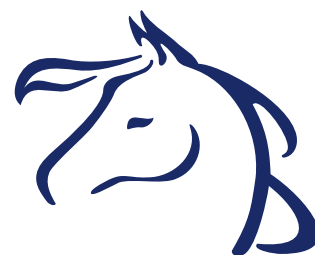
StiRoom treatment at the Equestrian Centre reduces pain, swelling and muscle cramps, and alleviates the harmful effects of rheumatism and sprains and strains. StiRoom revitalises the body, accelerates recovery, and prevents stress. The infrared sauna warms the horse's muscles and relaxes them to promote recovery.

The treatment prevents several illnesses and significantly reduces the risk of injury. A combination of the salt room and infrared sauna improves the immune system and prevents conditions such as colds, asthma, and allergies.

Additionally, the StiRoom improves skin health by disinfecting, moisturising and nourishing the skin.



# Vitafloor vibration plate and solarium



The Vitafloor vibration plate is equipped with an equine solarium and used for injury prevention and rehabilitation, muscle maintenance and development, and to accelerate recovery from strain. Also suitable for horses on stall rest or restricted movement.

This form of treatment increases muscular flexibility and strengthens the bones. The Vitafloor vibration plate promotes circulation throughout the body, shortens recovery time after tendon injury, increases bone density, symmetrically strengthens the back muscles, prevents colic and promotes hoof growth.



## EQ Cryo equine cabin

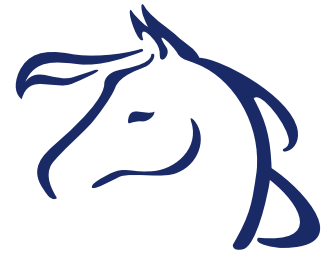
Cryotherapy is used in horses to e.g. accelerate recovery after surgery, injury, or physical strain thanks to a rise in endorphins and adrenaline. The treatment improves immunity and heightens performance.

Cryotherapy is used for various muscle pains, arthritis, skin complaints, more effective recovery from injuries, and for general wellbeing. Tests indicate that horses benefit from the same health effects of cryotherapy as humans do.



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# Cryonic neurocryo-stimulation



The device can be used to treat muscle stiffness, strains and sprains, inflammation, joint pain, and skin ulcers. Neurocryostimulation can be used to accelerate recovery from strain and to prevent and treat sports injuries.

The benefit of neurocryostimulation is its rapid effect. The treatment relaxes the muscles and causes thermal shock, which initiates a natural healing response.

Neurocryostimulation can be used to rapidly alleviate pain, speed up the metabolism, relax the muscles and muscle sheaths, reduce swelling, promote fluid circulation, improve movement, and promote wound healing.

Neurocryostimulation can be used as a primary treatment or to supplement other treatment methods.



## Laser

Laser therapy is used to treat various types of pain and inflammation, to improve circulation, and to locally boost immunity.

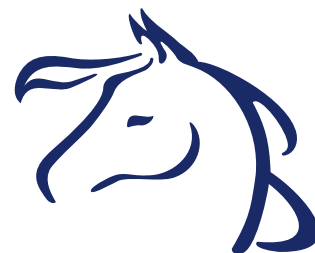
Typical applications for laser therapy are arthritis, tendon and ligament injuries, fractures, wounds, strains, hoof cracks, and equine thrush. Laser therapy is also used as a preventive form of treatment. It is particularly suited to treating locomotor system issues (muscle, tendon, and joint complaints).

Laser therapy promotes tissue recovery and regeneration, alleviates pain and reduces inflammation. It can be used during the acute injury phase as well as to treat chronic complaints. Laser therapy promotes the injury healing process and often shortens recovery time.





# Shockwave



Shockwave therapy is a safe and effective method of treatment for muscle and tendon complaints. The key aims of the treatment are to alleviate pain and to preserve or restore range of motion.

Shockwave therapy can be used as a standalone treatment or in combination with other treatment methods, and has shown benefits in the treatment of problems affecting myotendinous junctions and synovial sheaths in particular. Shockwave therapy can be used to treat chronic pain and to increase flexibility in areas of scar tissue. The treatment also invigorates the metabolism in the injured area. Shockwave therapy is short and intensive.

Shockwave therapy is an effective alternative to cortisone and surgical procedures in the treatment of chronic pain.



# Activomed

The Activomed pulsed electromagnetic therapy rug combines a pulsing magnetic field with massage therapy. The rug treats the horse from the muscles in the hind-quarters to the top of the neck.

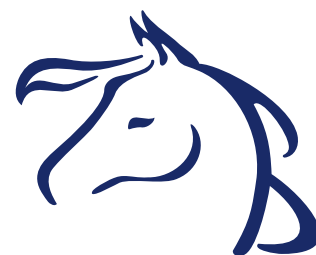
The Activomed therapy rug can be used for e.g. muscle tightness, muscle strains, soft tissue injuries, inflammation in the spine and joints, tendon injuries and strains, and as a supportive treatment for poorly healing wounds.

Pulsed electromagnetic therapy is a safe type of physical treatment without any side effects.

Activomed therapy affects vasodilation in the large blood vessels and capillaries and stimulates the metabolism. The treatment can be used as a supportive measure before or after performance.



# Bemer physical vascular therapy



*The Bemer therapy blanket can treat large areas on the horse's body.*

The Bemer therapy device improves circulation in the large and small blood vessels and supports the body's own healing processes. The Bemer therapy blanket can treat large areas on the horse's body.

The Bemer therapy device improves circulation in the small and extremely small blood vessels by means of electromagnetic signals and thereby supports the body's own healing processes.

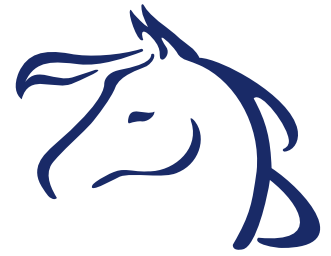
The device supports the body's immune system. Bemer therapy affects injury healing, recovery, and regeneration processes. Reduces inflammation and susceptibility to inflammation.

Bemer can be used for e.g. muscle and tendon injuries, joint complaints, scar tissue, wound healing processes, and to improve performance. In addition to the therapy blanket, there is also a neck applicator and cuffs.





# Treatment Price List



*We offer professionally implemented rehabilitation services and recovery periods using the best equipment in the field, tailored to the individual needs of the horse.*

When creating a rehabilitation plan, the guidelines of the veterinarian and physiotherapist treating the horse, as well as the individual needs of the horse, are taken into account. The duration of the rehabilitation period is planned

in collaboration with the horse's owner and veterinarian.

Healthy horses are also welcome to recover, improve their performance, and prevent injuries in first-class facilities.

## **Water treadmill**

First trial session	20 €
Single treatment session	50 €
5 sessions	225 €
10 sessions	400 €

## **StiRoom + Infraredsauna (approx. 30 min)**

First trial session	15 €
Single treatment session	40 €
5 sessions	175 €
10 sessions	300 €
1 session in conjunction with other treatments	20 €

## **VitaFloor + Solarium (approx. 20 min)**

1 session	30 €
5 sessions	130 €
10 sessions	250 €
11 session in conjunction with other treatments	15 €

## **EQ Cryo equine cabin**

First trial session	30 €
1 session	80 €
5 sessions	375 €
10 sessions	700 €

## **Cryonic neurocryostimulation**

1 session	40 €
1 session in conjunction with other treatments	20 €

## **Laser (4. grade laser)**

1 session	40 €
1 session in conjunction with other treatments	20 €

## **Shockwave**

1 session	80 €
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## **Bemer**

1 session in conjunction with other treatments	5 €
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## **Activo-Med**

1 session in conjunction with other treatments	15 €
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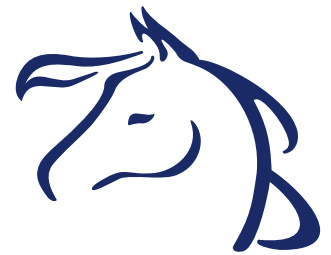
## **Phovia led treatment**

*Ask for more information!*

## **Equine massage**

1 session	60 €
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# Price List Rehabilitation Packages



Rehabilitation period starting from €1200 / month. The period includes full board and a rehabilitation package tailored for the horse, whether it involves post-surgery recovery, a recovery period, rehabilitation from an injury, or improving and strengthening basic fitness. The length of the period can vary from one day to three months.

*Ask us for more information!*

## Sample Recovery Package

### Content:

The horse's recovery period is planned according to individual needs, whether the horse is preparing for or recovering from the competition season.

- Walking on a water treadmill or dry treadmill
- Activity in the arena, such as pole exercises
- Comprehensive muscle care, such as stretching and massage
- Vitafloor or StiRoom
- Laser and/or advanced cold therapy

Price from  
1200 € / month  
or 380 € / week

## Tendon Injury Treatment Package

### Content:

The tendon injury treatment package is designed according to the extent of the injury and the treatment instructions of the attending veterinarian.

- Walking on a water treadmill or dry treadmill
- Laser and/or advanced cold therapy
- Massage
- Shockwave therapy
- Full board

Price from  
1300 € / month

## Post-Surgery Recovery Package

### Content:

The post-surgery recovery package is designed according to the extent of the surgery and the treatment instructions of the attending veterinarian.

- Walking
- Laser and/or advanced cold therapy
- Massage
- Vitafloor
- Full board

Price from  
1200 € / month  
or 380 € / week

Prices incl. VAT



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